

New Winery Opens in Lefkara and Shares its Secrets of Cypriot Wine

Wine enthusiasts can head to Larnaka in 2013 and visit the first winery in Cyprus designed and built according to innovative bio-climatic standards. The Ktima Dafermou (www.dafermouwinery.com) winery is open to visitors wishing to get to know the local wine and viticulture and is located above the stunning Lefkara Valley, just a 30 minute drive from Larnaka. The 50 acre vineyard blends new technological advances in wine production with traditional wine making techniques of Cyprus – which is said to be one of the oldest wine producing countries in the world. Visitors can enjoy touring the production area as well admiring the picturesque views over the vineyards, which is also planted with carob trees, old Mediterranean olive trees and wild Cyprus aromatic plants. The main grape varieties planted at the estate are reds – Syrah, Cabernet Sauvignon, Cabernet Franc and Maratheutico and whites – Assyrtiko, Malvasia, Sauvignon Blanc and Chardonnay.

Visitors are introduced to the varieties of grape in the vineyards, the techniques and process of wine production and lastly get to sample the fine taste of the wine in the beautiful surroundings of the wine-tasting rooms. Holidaymakers that want to visit the winery, plus enjoy excursions to the pretty mountain villages of Larnaka region, as well as the hustle and bustle of the shopping, nightlife and museums of Larnaka itself should check-in to the 4 * **Palm Beach Hotel & Bungalows** www.palmbeachhotel.com

This popular hotel is located on the coast, right on a long stretch of sandy beach, just outside of Larnaka and offers five star facilities and services, including the Wellness Centre, where guests can recharge their batteries with a range of specialised massages, plus sauna, Jacuzzi and steam bath. The Palm Beach Hotel & Bungalows is one of the oldest hotels in southern Cyprus but has been refurbished regularly to maintain a high standard of accommodation and facilities. It is perfectly located

to travel around the island and visit the beautiful mountains, as well as the picturesque, traditional villages. Head here any time of the year.

Choose January to March if you want to combine sea and ski prices start from £330 per person flying from Luton including flights, transfers and accommodation
Cosmos Holidays
www.cosmos.co.uk;

April to May for spring breaks and Greek Orthodox Easter which falls very late this year, 3 - 5 May 2013, prices from £529 per person through Cyplon Holidays
www.cyplon.co.uk 0208 166 8077;

An early summer getaway combining local culture, great wines, food plus plenty of sunshine with weekly flights from Manchester, East Midlands and Leeds/Bradford including accommodation and prices from £599 per person with jet2holidays 0800 408 5599 www.jet2holidays.co.uk;

A late summer escape September through to November, when our weather is changing but in Cyprus the sun is still hot, prices from £549 per person saving up to £128 per person through Olympic Holidays 0208 492 6868 www.olympicholidays.com

Prices for summer start from £699 per person with flights, transfers and accommodation on bed and breakfast from 03-10 July 2013, based on two people sharing, car hire from £40 per day. To book contact Planet Holidays on 0871 78671 2234 or visit www.planet-holidays.co.uk

For more information on Larnaka visit www.larnakaregion.com



Kip McGrath Competition Encourages Young People to Dream Big

Kip McGrath Education Centre Ashford is inviting young people aged 9 to 14 years to get involved in a national competition called Dream a Big Dream. The Ashford Centre wants to hear from young people about their Big Dream for the future. Whether they want to save the rainforest, fly to the moon or become a world-renowned author, the competition aims to encourage young people across the country to write passionately about their hopes and aspirations.

The Competition is inspired by the 2012 Olympic and Paralympic Games and is supported by three remarkable young athletes who hope to represent Great Britain in the Rio 2016 Olympic and Paralympic games. These athletes have all shared their Big Dreams in specially created videos to help inspire young people.

Sam Roddock T35 sprinter, who represented GB at the 2012 Paralympic Games

Kike Oniwinde javelin thrower who is ranked in the top five in GB

Rachel Johncock 100m sprinter who represented GB in the World Junior Championships

As Simon Fisher, Centre Director at Ashford, explains: "We work with amazing children everyday at the Centre and experience first hand the potential they have to do great things. Dream a Big Dream is a great opportunity for Ashford young people to set their mind to what they want to achieve in the future."

The Competition is being organised by Kip McGrath Education Centres which provide tutoring to students in English, Maths, reading, writing and comprehension. All Centres in the UK are operated by qualified and experienced teachers who have a passion for teaching and helping young people to reach their potential.

One of the judges, Sarah Ebner, journalist for The Times said:

"I'm delighted to be involved with Dream A Big Dream, not only because it's so creative, but because I can't wait to know about the dreams of the young people who enter, and to be inspired by what they hope to achieve in the future."

Entrants to the competition have a chance to win some amazing prizes including a professional bound book featuring the winning entries, £100 Amazon vouchers and a signed certificate of congratulations from the athletes.

The competition runs until 22nd February 2013. The regional winners will be announced on 8th March and the national winners on 22nd March 2013.

For more information, contact Simon Fisher, Kip McGrath Ashford, Unit 2 Murston Business Centre, Norman Road, Ashford, TN23 7AD. Telephone 01233 626333 or email simon@kipmcgrathashford.co.uk